



One way we measure how heavy things are is by using pounds.

A loaf of sandwich bread weighs about one pound.

So do a box of butter and a can of soup.

Imagine feeling one of these in your hands.



What can you find that weighs about one pound?

You can take a picture, make a sketch, or bring objects to show.

Bring back at least one example of something that weighs about one pound.

Off You Go!